INDICATIONS FOR TESTING
Symptomatic pregnant woman, typically 2nd or 3rd trimester

Obtain biopsy specimens
- Lesional for histopathology
- Perilesional for Cutaneous Direct Immunofluorescence, Biopsy

Obtain serum specimen for
- Herpes Gestationis Factor (Complement-Fixing Basement Membrane Zone Antibody IgG)\(^a\)

Test for immunobullous diseases
See Epithelial Antibody-Associated Immunobullous Diseases Testing algorithm

Positive
- Pemphigoid (herpes) gestationis\(^b\)
  - Usually resolves after pregnancy if it occurred during pregnancy; antibody levels may remain high indefinitely
  - Likely to recur with subsequent pregnancies
  - May also recur with other hormonal changes, including those induced by contraception

Negative

ARUP Lab Tests
- Cutaneous Direct Immunofluorescence, Biopsy 0092572
- Herpes Gestationis Factor (Complement-Fixing Basement Membrane Zone Antibody IgG) 0092283
- Bullous Pemphigoid Antigens (180 kDa and 230 kDa), IgG 0092566

\(^a\)The Herpes Gestationis Factor (Complement-Fixing Basement Membrane Zone Antibody IgG) test includes assessment of bullous pemphigoid antigen antibodies (IgG BP 180), which are characteristically increased in pemphigoid gestationis along with complement-fixing basement membrane zone antibodies. The Herpes Gestationis Factor test is the recommended test for evaluation of pemphigoid gestationis; the Bullous Pemphigoid Antigens (180 kDa and 230 kDa), IgG, enzyme-linked immunosorbent assay (ELISA) test can be ordered separately.

\(^b\)See Monitoring table in Epithelial Antibody-Associated Immunobullous Diseases Testing topic in ARUP Consult for specific tests for monitoring this disease.